



DINING LOCATION__7151 YORK AVE = EDINA **PHONE**__952.893,1448

SENIOR DINING MENU – APRIL 2015

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		April 1	April 2	April 3
		Sausage & Chicken Gumbo Or ALT: Chicken Gumbo Steamed Brown Rice Okra Fresh Red Grapes Key Lime Tart/topping	Roast Pork w/Apple Rhubarb Glaze Or SR: Sliced Turkey Baby Red Potatoes Buttered Corn Dinner Roll /marg. Chocolate Pudding	Grilled Salmon w/Pineapple Salsa Or ALT: Chicken Breast Jeweled Brown Rice Ginger Carrots Mandarin Oranges Fortune Cookie
April 6	April 7	April 8	April 9	April 10
Beef Hot Dog on Bun (low sodium) Coleslaw Potato Wedges Ketchup/Mustard PKTS Watermelon Cubes	Baked Penne Pasta in Meat Sauce Mixed Green Salad w/Ranch Dressing Fresh Fruit Breadstick/marg. Vanilla Pudding	Country Fried Steak/Gravy Mashed Potatoes Green Beans Pull-A-Part Roll/marg. Chocolate Cupcake	Herb Roasted Quartered Chicken Buttered Corn Roasted Yukon Potatoes Potato Dinner Roll/marg. Raspberry Fluff	Chicken Stir Fry Oriental Veggies Brown Rice Mandarin Oranges Cookie
April 13	April 14	April 15	April 16	April 17
Chicken Salad on Kaiser Roll Marinated Veggie Salad Fresh Fruit Toffee Chip Brownie	Tex Mex Beef Goulash Chuckwagon Corn Mixed Fruit Cornbread/marg. Cinnamon Churro	Chicken Cordon Bleu w/Ham/Cheese Sauce Or SR: Mornay Chicken Breast Wild Rice Blend Green Beans Diced Peaches Applesauce Bar	Corn Chowder (Hot) Barbecued Beef on Bun Applesauce Cookie	Swiss Steak w/Tomato Sauce Squash Cinnamon Apples Multi-Grain Bread/marg. Lemon Bar
April 20	Volunteer Rec 21	April 22	April 23	April 24
Chicken Ala King over Biscuit Normandy Blend Veggies Diced Pears Butterscotch Pudding	Ham Steak with Apple & Rosemary Or SR: Chicken Breast Steamed Red Potatoes Buttered Peas Pumpnickel Roll/marg. Chocolate Éclair	Breakfast Scramble Or ALT: Turkey Scramble Herbed Breakfast Potatoes Juice Cup Blueberry Muffin/marg. Orange	Greek Roasted Chicken Breast Orzo Pilaf Florentine Glazed Carrots Raisins Pull-A-Part Roll/marg. Apple Pie RCD: Apple Cookie	Dining Sites Closed Bag Lunch Available Chicken Salad on Bun Coleslaw Fresh Fruit Cookie
April 27	April 28	Birthday Day 29	April 30	
Chicken Scarpariello Broccoli Diced Pears Breadstick/marg. Sugar Cookie	Cheeseburger on Whole Wheat Bun Vegetarian Baked Beans Broccoli Carrot Salad Ketchup & Mustard PKTS Pineapple Chunks	Pot Roast Mashed Potatoes/gravy Buttered Peas Dinner Roll/marg. Red Velvet Cake	Turkey Meatloaf w/cranberry glaze Mashed Sweet Potatoes Normandy Blend Veggies Wheat Roll/marg. Chocolate Tart/Topping	

1% milk and margarine are served with each meal. SR=salt restricted, RC=restricted calorie dessert. Your comments are welcome: call 952-945-4156. Volunteers of America Senior Nutrition Program serves all seniors regardless of race, color, sex, disability, national origin, or religion. The service is funded through a contract with the Metropolitan Area Agency on Aging, Inc. as part of the Older Americans Act Program and participant contributions. Upon request, this information will be made available in an alternative format: Braille, large print or audiotape. For TDD, contact Minnesota Relay Service at 1-800-627-3529. For more information about the services provided by Volunteers of America of MN go to www.voamn.org